



# April 2020

## CHILD NUTRITION SERVICES

### SAISD – MEAL PLAN

For increased safety protocols, our curbside meal distribution will only take place on Monday, Wednesday and Friday beginning the week of April 13th. This does not mean children will receive less meals – they will now receive more! Children will receive bundles of meals for multiple days including 2 to 3 suppers per week. For example, on Monday, students will receive Monday and Tuesday meals. See meal plans below:

SAISD Eats bus delivery program will remain on a 5-day delivery system, there will be no change to the current schedule except for district holidays.

**DISTRICT HOLIDAY – April 10<sup>th</sup>, April 24<sup>th</sup>**



SAISD Students, we may not see you every day but we still enjoy and take pride in serving you healthy meals. – Your Child Nutrition Staff

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8 Breakfast – 1 Meal Lunch – 1 Meal	9 Breakfast – 1 Meal Lunch – 1 Meal <i>1 additional meal and snack due to holiday</i>	10 DISTRICT HOLIDAY	11
12	13 Breakfast – 2 Meals Lunch- 2 Meals Supper – 1 Meal	14	15 Breakfast – 2 Meals Lunch- 2 Meals Supper – 1 Meal	16	17 Breakfast – 1 Meal Lunch – 1 Meal Supper – 1 Meal 1 Weekend Meal	18
19	20 Breakfast – 2 Meals Lunch- 2 Meals Supper – 1 Meal	21	22 Breakfast – 2 Meals Lunch- 2 Meals Supper – 1 Meal <i>1 additional meal and snack due to holiday</i>	23	24 DISTRICT HOLIDAY	25
26	27 Breakfast – 2 Meals Lunch- 2 Meals Supper – 1 Meal	28	29 Breakfast – 2 Meals Lunch- 2 Meals Supper – 1 Meal	30	Breakfast – 1 Meal Lunch – 1 Meal Supper – 1 Meal 1 Weekend meal	

Meals provided by the SAISD Child Nutrition Department include whole grain products (locally produced bread), fresh vegetables, fruits, low fat, hormone-free milk (locally produced) and a variety of protein sources. (This is an equal opportunity provider)