

Communities In Schools®

San Antonio

MPACT

September 2022 – August 2023





A Message from our CEO

Dear Friends,

During the 2022-2023 school year, Communities In Schools of San Antonio (CIS-SA) maintained its growth since the pandemic, providing deeper services for our students as we met their needs. Your investment in our kids has allowed us to continue **building connections**, providing much-needed access to wrap-around support and mental health services.

Supporting over **200** schools across **13** school districts in San Antonio and the surrounding area, our school-based and clinical teams ensured students were connected to caring adults and necessary services. They also brought community resources directly to their schools to help students take on and **tear down the barriers that stood between them and a brighter future**.

In addition to support services, CIS-SA continues to build a community that focuses on the whole child and their needs. We bring people together to meet students where they are at, in the schools. Our Site Coordinators are the trusted and caring adults students need to help them manage today's complexities.

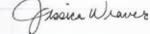
We invite you to learn about the impact you helped us achieve in the 2022-2023 school year, where we focused on:

- Serving 134,684 students, teachers, and community members,
- Supporting our youth beyond school walls,
- Increasing the number of CIS-SA team members in specialized roles to further support students,
- And MUCH MORE!

CIS-SA is grateful to our community partners, both public and private, who understand our work in schools and beyond school walls. **You continue to be our greatest asset**. We know that to ensure kids have access to educational resources, we must be innovative with our approach.

We want to thank friends like you who consistently support our work. Because of you, we ensure that **students and their families are connected to resources, feel a sense of belongingness, and are helped to heal and become their best selves.** We appreciate you for trusting Communities In Schools of San Antonio and helping us to create sustainable programs for the whole child, and whole community.

With gratitude,



Jessica Weaver President & Chief Executive Officer Communities In Schools of San Antonio







2022-2023 Board Members

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Friends of CIS-SA



Communities In Schools of San Antonio surrounds students with a community of support, empowering them to stay in school and achieve in life.



Where We Serve

2022-2023 CIS-SA Program Sites

We served in over 200 schools across 13 districts in San Antonio and the surrounding areas.



Mental health services only

East Central ISD

CAST LEAD East Central High School Harmony Elementary School Heritage Middle School Highland Forest Elementary School Legacy Middle School Oakcrest Elementary School Pecan Valley Elementary School Salado Elementary School Sinclair Elementary School Tradition Elementary School

Edgewood ISD

Kennedy High School Memorial High School

Harlandale ISD

Adams Elementary School Bellaire Elementary School Frank Tejeda Junior High/Senior High Gilbert Elementary School Harlandale High School Harlandale Middle School Kingsborough Middle School Leal Middle School McCollum High School Terrell Wells Middle School

Judson ISD

Candlewood Elementary School Converse Elementary School Judson Middle School Kirby Middle School Park Village Elementary School Rolling Meadows Elementary School Wagner High School Woodlake Elementary School Woodlake Hills Middle School

North East ISD

Camelot Elementary School Colonial Hills Elementary School Krueger Middle School Montgomery Elementary School Rosevelt High School Walzem Elementary School Windcrest Elementary School White Middle School

Northside ISD

Anson Jones Middle School Boone Elementary School Cable Elementary School Coby Glass Elementary School Colonies North Elementary School Esparza Elementary School Excel Academy Glenoaks Elementary School Hobby Middle School Holmes High School

John Glen Elementary School

John Jay High School Martin Elementary School Mary Hull Elementary School McDermott Elementary School Meadow Village Elementary School Oakhills Terrace Elementary School Passmore Elementary School Pease Middle School Powell Elementary School Valley Hi Elementary School Villarreal Elementary School Westwood Terrace Élementary School

*Additional sites served through SEEDS programs

Zachary Middle School

Pearsall ISD

Mental health services only

San Antonio ISD Advanced Learning Academy Arnold Elementary School Ball Academy Barkley Ruiz Elementary School Baskin Elementary School Beacon Hill Academy Bowden Academy Brackenridge High School Briscoe Elementary School Burbank High School Cameron Elementary School Carroll Elementary School Carvajal Elementary School CAST MED High School Cotton Academy Crockett Academy Davis Middle School DeZavala Elementary School Dorie Miller Elementary School Douglass Academy Edison High School Fenwick Academy Forbes Academy Foster Academy Fox Tech High School Gates Elementary School Graebner Elementary School Green Elementary School Harris Middle School Hawthorne Academy Herff Academy Highlands High School Hirsch Elementary School Hot Wells Middle School Huppertz Elementary School Japhet Academy Jefferson High School JT Brackenridge Elementary School Lamar Elementary School Lanier High School

Longfellow Middle School

Margil Elementary School Martin Luther King Jr. Academy

Mayerick Elementary School

Lowell Middle School

Mission Academy Neal Elementary School Ogden Elementary School Pershing Elementary School Poe Middle School Rhodes Middle School Roaers Academy Rogers Middle School Sam Houston High School Sarah King Elementary School Schenck Elementary School Smith Academy Stewart Elementary School Storm Elementary School Tafolla Middle School Travis Early College High School Washington Elementary School Whittier Middle School Wilson Elementary School Woodlawn Academy Woodlawn Hills Elementary School Young Men's Leadership Academy Young Women's leadership Academy

Somerset ISD

Somerset Junior High School Somerset High School

Primary/Secondary

South San ISD

Armstrong Elementary School Athens Elementary School Carrillo Elementary School Dwight Middle School Malda Elementary School South San High School West Campus High School

Southwest ISD

CAST STEM High School Legacy High School Southwest High School

Uvalde CISD

Batesville School Flores Middle School Uvalde Dual Language Academy Uvalde High School

Bexar County Juvenile Justice Academy

Haven for Hope

NXT Level Re-Engagement Center

Palo Alto College

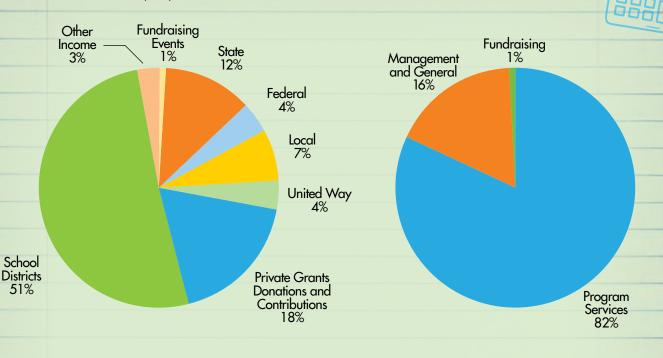
San Antonio College

Specialty Courts

Our Finances

Revenues \$25,081,654

Expenses \$15,741,151



Supporting Students in Uvalde

CIS-SA has a long history of clean audits. For audited financials, please visit www.cissa.org

After the tragedy at Robb Elementary School in Uvalde, we were there less than 24 hours later to help the community heal from the trauma, loss, and grief they collectively felt. As a result, during the 2022-2023 school year, we added Uvalde Consolidated Independent School District as a permanent district to our caseload.

Our Team was comprised of:

- Senior Site Coordinator
- Site Coordinator

(4)

2 Licensed Mental Health **Professionals**

Schools we supported:

- Batesville School
- Flores Middle School
- Uvalde Dual Language Academy
- Uvalde High School









Our Six Key Services



Supportive Guidance

Through one-on-one workshops, team building, and guest speakers, we spent over **58,000** hours with students and provided **133,370** services to develop emotion regulation techniques, character education, social skills building, and conflict resolution



Academic Assistance

From providing students with tutors to finding creative, quiet spaces where students can study, our Site Coordinators spent 17,366 hours doing whatever it took to create an optimal learning environment for 6,376 students.



Enrichment Activities

Our Site Coordinators enrolled 6,519 students in various in-school, after-school, and summer programs, field trips, and youth conferences to help them gain the experience essential to meeting college and career goals.



Family Engagement
Our Site Coordinators connected 4,762 families with counselors and social workers to ensure the home is a healthy, nurturing environment where a student can feel safe.



Basic Needs

A student cannot focus in the classroom if they are hungry, cold, tired, or can't see the board. Site Coordinators saw that 6,205 students' basic needs were met.



Behavioral Interventions

Many of our students face and overcome challenging obstacles in their lives. Our Licensed Clinicians spent 9,275 hours teaching students positive ways to cope with anger, conflict resolution, and other strategies to keep them focused on school.

Data based on 11,432 case-managed students during the 2022-2023 school year.







134,684

students, teachers, or community members received CIS-SA services

students received CIS-SA support through school-wide initiatives

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students received case management with 122,163 direct service hours

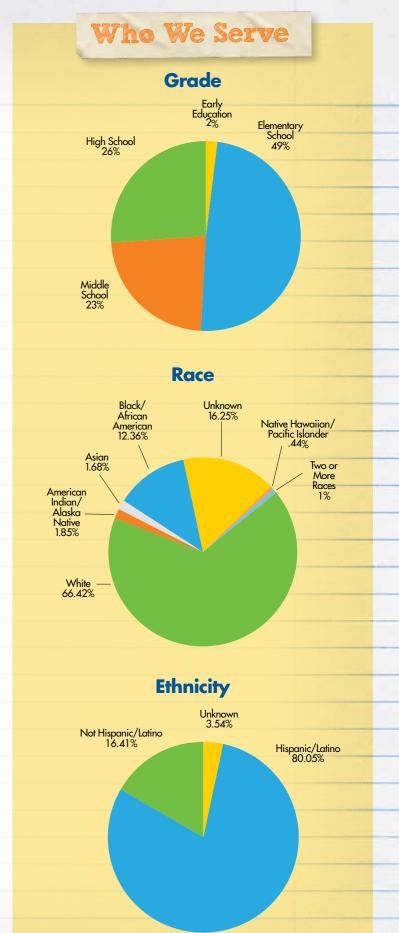
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improved in academics, behavior, and/or attendance

were promoted to the next grade

of eligible students graduated



Providing School-Based Mental Health Services

The various CIS-SA Clinical Programs are meant to fill a gap for our students and families in accessing professional mental health services. Many of the families we serve face barriers to accessing mental health services outside of the school setting. Our goal is to meet the needs of our families by providing services in the school setting to help students stabilize their mood and behaviors and be successful in and outside of school.



Project Access

Provides all CIS-SA schools with short-term (8-10 sessions) intensive counseling services to students (and their families) enrolled in CIS-SA as case-managed students at their school.

Metro Health Teen Parenting

Our clinical program dedicated to counseling and mental health support for pregnant and/or parenting teenagers in Northside ISD, Edgewood ISD, San Antonio ISD, South San ISD, and Southwest ISD. This program is in collaboration with the Metropolitan Health District.

Metro Health Domestic Violence

Our clinical program dedicated to providing counseling and mental health support to students and their families in Northside ISD. North East ISD. and San Antonio ISD who have been affected by domestic violence or have been referred by the Handle With Care program through the San Antonio Police Department.



SEEDS

Each SEEDS team comprises a counselor and social worker who provides mental health services to students in Northside ISD that the district has referred. After counseling services have ended, the SEEDS team offers ongoing case management and supportive guidance services to the referred students and their families.



Parent and Child Emotional Wellness Program (PACE Wellness)

A CIS-SA clinical program that provides mental health services to Head Start students by licensed counselors and social workers. This program promotes the school readiness of preschool-aged children and their families in San Antonio ISD.



Basecampus

The Basecampus program collaborates with adult educators in East Central ISD and CAST Lead to provide education and support to educators, equipping them with the knowledge and skills to identify warning signs of mental health issues in students.



Mental Health Outcomes



students received mental health support, with 11,882 completed counseling sessions from our team.

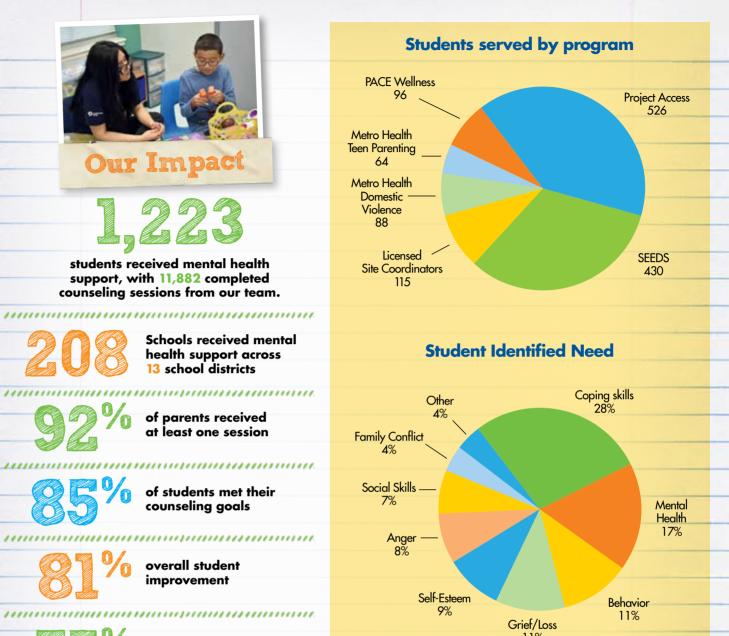
Schools received mental health support across 13 school districts

of parents received at least one session

of students met their counseling goals

overall student improvement

of students completed their treatment plan



All percentages reflect the results of the 1,223 students that received mental health support

Empowering Growth

A member of our Project Access Team supports her students with therapeutic interventions that help with coping, relaxation, and self-regulation skills. At the end of a particular set of sessions, she empowered one of her students to point out the key things they learned in therapy and recall skills to help them. The student made a mason jar filled with different pieces of colored paper. The pink paper represented their support system, the blue represented skills they learned, the green represented strengths about themselves, and the orange represented what they learned in therapy. The mason jar was filled to the top with different colored papers, representing growth. The student was empowered to recognize all those things on their own. They also painted a canvas to convey a positive affirmation and chose a flower growing that resembled their growth progress.



Supporting Youth Through Specialized Services

CIS-SA provides specialized services to youth with unique needs through innovative strategies within schools and non-traditional spaces.

Transition Site Coordinator



college life to enhance student retention and persistence as they work toward achieving their post-secondary educational goals.



The Graduation Coaches provided comprehensive support in college, military, and career readiness services to 150 case-managed high school students in Edgewood ISD and Harlandale ISD. This initiative ensures a seamless transition to post-secondary pathways for at-risk youth, empowering them to shape their futures.

Embedded at Palo Alto College, our Transitional Site Coordinator provided

services to 78 case-managed students as they navigated the challenges of



Re-Engagement Coordinators

Our Re-Engagement Coordinators provided services to more than **800** students and their families across 17 schools in Northside ISD. and made 1320 visits to students at Palo Alto College and San Antonio College, encountering challenges that hinder their participation in staying engaged in their education. By identifying the obstacles to attending school, the Re-Engagement Coordinator provides the necessary support to re-engage them in their learning experience.



Haven for Hope

The CIS-SA Education Coordinator embedded at Haven for Hope assisted **69** school-aged students experiencing homelessness, ensuring their school enrollment, access to educational opportunities, and social services to promote healthy behaviors, self-esteem, and academic success.



NXT Level Youth Opportunity Center

A partnership between CIS-SA, the City of San Antonio, and Goodwill San Antonio, we worked to re-engage **766** "opportunity youth," those ages 16-24 who are not in school or engaged in the workforce to get them onto a path that's right for their future by assessing goals and creating action plans.



Specialty Courts

Our Juvenile Specialty Courts Coordinator (JSCC) worked with 22 Bexar County Juvenile Probation Department students in Specialty Courts programs to address substance abuse, mental health, domestic violence, and school truancy.



School Box of Trainings

These workshops included mental health-focused trainings for over 2,200 school-based staff and youth development professionals from 27 different organizations or schools to ensure greater numbers of the adults in our youths' worlds utilize a common framework to ensure healthy whole-child development.

Re-Engaged into Learning

During her senior year of high school, Jessica received the Alamo Promise scholarship to pursue her post-secondary education. Life got in the way, and she stopped attending college. Our Re-Engagement team at Palo Alto College reached out to Jessica to see what they could do to connect her back into college. Jessica thought since she stopped attending school, she could no longer use her scholarship; Donna and Celeste let her know that wasn't the case. With their help, Jessica successfully re-enrolled at Palo Alto College. Donna and Celeste were able to provide additional resources, like food and bill assistance, to ensure she graduated with ease. Jessica is studying Biology and plans to focus on environmental protection.



Celeste, Donna, and Vessica





William and Leslie

Overcoming Obstacles

William is in his second year at Palo Alto College and is ready to transfer to UTSA to complete his degree in social work! He is a veteran and overcame many obstacles to feel comfortable going to college. While on campus, our Transition Coordinator, Leslie, did a presentation on the services she provided, and William felt like she was talking to him. Leslie showed William that he did not have to be alone and she would be there to help him navigate this difficult journey. William grew in his confidence and became connected to many organizations on campus. He is now laser-focused on graduating and helping others just like his VA therapist and Leslie helped him.

"Since I am a veteran and non traditional student, I didn't know what to expect starting at Palo Alto College. Immediately, I was embraced and taken in as one of the family, and it completely changed the way I viewed myself and my educational journey."

- William

Student Success

Our traditional model, mental health support, and special programs help our students to connect, heal, and feel like they belong.





Connecting Students to Resources

Many students look forward to joining sports and playing alongside their peers. Often, it serves as a motivator to show up to school and do well. Our student, Manny, knew he needed to pass his classes if he wanted to play sports. He did that and more but faced an unplanned obstacle when he wasn't allowed to participate in basketball practice because he didn't have the correct shoes. Manny was disappointed and hated watching from the sidelines, but he understood it was a safety issue. Manny's coach contacted his mom, and she quickly connected with Jacklyn, CIS-SA Site Coordinator, for help. Jacklyn jumped into action and ordered Manny a pair of basketball shoes that he could wear on the court and a pair of tennis shoes that he could wear daily. When Manny saw the new shoes, he ran to Jacklyn and said, "I have been wanting this exact pair of tennis shoes for months. I am going to wear them every day!" Manny's mom couldn't believe how fast CIS-SA and Jacklyn connected her family to resources. In the future, Manny hopes to earn an athletic scholarship to attend college. His goals are to have incredible grades, work hard, stay motivated, and never be afraid to ask for help. We are there to support Manny and help his dreams come true.

Positive Healing

Sadie began to struggle with panic attacks and daily anxiety. Right before the school year started, her home was struck by lightning, causing it to catch on fire. While the house wasn't a total loss, this caused her family to be displaced with relatives until it could be repaired. Sadie began to struggle with panic attacks, knowing that everyone at school knew what had happened. She couldn't seem to get away from the trauma she was experiencing daily. Our Site Coordinator, Amanda, began working with Sadie to help her **heal**. Aside from emotional support, Amanda provided the family with technology and gift cards to purchase food for the holidays. With Amanda's help, Sadie has become more of herself again. She feels confident and is trying to form healthy and positive relationships.





Cecilia and Javier

A Place to Belona

Javier and Cecilia are brother and sister. Javier is in kindergarten. He is outgoing, very caring, and worries more about other people's well-being than his own. Cecilia is in 2nd grade and tends to be shyer, but she also puts others before herself. The siblings both had some challenges interacting with their peers, making friendships, and feeling like they **belong** but for different reasons. Javier was very outgoing but struggled to interact with students his own age. Cecilia was very quiet and shy, struggling to open up to those around her. Their Site Coordinator, Salma, started working with both students in groups to develop social skills and individually as a shoulder to lean on and help in their interactions. Since working with the siblings, Salma has seen them improve in their social interactions with not only their peers but also with adults on campus. They have opened up, are outgoing, and have a positive mindset.

Surrounding Students with a Community of Support

We couldn't do the work we do in schools without the help of our partners and volunteers.

Community partners extend beyond conventional support. Their commitment to providing essential resources, from mental health support groups to basic needs, financial literacy programs, art initiatives, and more, reflects our dedication to community-based resources catering to each student's needs.

Volunteers made a difference in the lives of our students by participating in either a one-time or ongoing volunteer opportunity. Some of the opportunities include individual and workplace mentoring, tutoring, pen pal, job shadows, reading days, organizing a drive, holiday happiness, Stuff The Bus school supply drive, being a guest speaker, etc.



InspireU volunteers from **7** businesses served **120** students around San Antonio, creating one-on-one relationships with our high school students through a mentorship program and the exploration of real workplace environments and engaging in activities that prepare them for their future careers. Participating companies included AT&T, Broadway Bank, CPS Energy, Frost Bank, H-E-B, The Hartford, and USAA.

2,600+

Students and families participated in **STEM Family Nights**. Funded by the Texas Research & Technology Foundation (TRTF), these are interactive education events that offer the chance to engage in hands-on academic activities. These STEM stations are designed for elementary and middle school students to advance STEM career pathways and enhance family involvement of STEM education.





Funded by the OneStar Grant, CIS-SA AmeriCorps Members pursuing bachelor's or master's degrees in fields related to social work, counseling, and more through partnerships with local and online universities provide personalized support to 5 to 10 case-managed students, facilitate group activities to address common obstacles, and help strengthen CIS-SA's capacity to implement our integrated student support model.



53 AmeriCorps Members.

41 schools supported by AmeriCorps Members.

1,418 students received additional support from AmeriCorps Members.

5,352 hours dedicated to enhancing our organization's capacity.

14 AmeriCorps Members graduated and became full-time CIS-SA staff.



Friends of Communities In Schools of San Antonio is a group of diverse and influential community members with a shared passion for supporting and empowering students to graduate and achieve in life.



Thank you to our Friends of CIS-SA for being All In for Kids!"

102 Friends of CIS-SA Members

551 Students supported through enrichment activities funded by Friends of CIS-SA

Friends of CIS-SA Pen Pals at Cable and Gilbert Elementary Schools

ALL IN for Kids

Our signature annual events unite the community to advance our mission.

Equipping Students with School Supplies

Through our Stuff The Bus School Supply Drive in partnership with H-E-B, KENS5, and iHeart Media, we had 114 partners spend their summer collecting supplies and/or raising funds for our kids. Collectively, we raised approximately \$284,290 in funding and in-kind gifts to ensure that all students' backpacks were stuffed with the tools they needed to start the school year off right. Extra school supplies are also kept in the Site Coordinators' offices for any student on campus to access throughout the school year.













On November 3, 2022, non-profit leaders, youth-serving staff, educators, counselors, and community leaders gathered for the 2nd annual Whole Child Whole Community Conference hosted by CIS-SA in partnership with UTSA. Over 215 participants learned how to build a stronger network of support for our youth and encourage connection, healing, and belongingness. Sessions at the conference included Promoting Positive Identity Development, Trauma Informed Sports & Coaching, and School-Community Collaboration to Address Mental Health Needs: Pitfalls and Recommendations.

Keeping Kids in School Luncheon

The CIS-SA Keeping Kids in School Luncheon is a fundraising event for the agency, and the event's success is due to the community of support from generous CIS-SA donors. This event was held on May 18, 2023, and allowed us to raise over \$97,000 for our students.



The luncheon was sponsored by Valero Energy Foundation, along with 42 other sponsors who were equally showing their commitment to supporting our students. Save the date for our Friday, May 17, 2024, luncheon!



Thank you for your support!

The generosity, passion, and commitment of our donors are truly undeniable. Thank you to all of our individual donors, organizations, and foundations who help fund our mission which allows us to serve students and families across San Antonio.

Below you will find a list of generous organizations that have supported us this past year.

Adam R. Scripps Foundation Alamo Colleges **Amerigroup Corporation** Ameritas Group Bank of America Charitable Foundation **Beldon Family Foundation** Bexar County Berkshire Hathaway HomeServices, PenFed Realty and Federal Credit Union Broadway Bank Cavenders Cares City of San Antonio

Catto & Catto, a division of HUB International Texas

Coldwell Banker D'Ann Harper Realtors City of San Antonio, San Antonio Metropolitan

Compassionate SA and Compassionate USA

Cowden Charitable Foundation

CPS Energy **DOCUmation**

Enterprise Ernst & Young

Firstmark Credit Union Food Safety Net Services

Frost Bank Generations FCU

Greater Houston Community Foundation (Silver Eagle Beverages)

H. E. Butt Foundation Hambisana IT LLC HCA Healthcare

H-E-B

H-E-B Tournament of Champions Charitable Trust

Hixon Properties Charitable Foundation

Hogg Foundation Hudson Group

IBC Bank

Intervene K-12 Jefferson Bank

Just Keep Livin Foundation

Kilpatrick Memorial Kirkland & Ellis LLP

Las Aguilas

Lifelong Learning Administration Corporation

Lowe Foundation Marathon Petroleum Marcia and Otto Koehler Foundation Mathis Consulting Services, Inc

North Texas Community Foundation Northside Lions Charitable Foundation

Omega Psi Phi Fraternity Inc.- Psi Alpha Chapter

One Star Foundation Palo Alto College Port San Antonio PwC Charitable Foundation

QVC

Rackspace Foundation Randolph Brooks Federal Credit Union

RKV Architecture Rodriguez Trial Law RSM

San Antonio Area Foundation San Antonio River Authority

Schriver Carmona Shield-Ayres Foundation

Simmons Bank Simple Generosity

South Texas Vocational Technical Institute

SPR Family Charitable Giving Fund Spurs Sports & Entertainment

St. Luke's Lutheran Health Ministries St. Mark's Episcopal Church

Stantec

TEGNA Foundation (KENS-5) Texas Education Agency

Texas Research and Technology Foundation

The Beacon Fund The Boeing Company

The Najim Charitable Foundation Toyota Motor Manufacturing Texas Tres Grace Family Foundation

Trinity University UPS STORE 5234

United Way of San Antonio and Bexar County

USAA

Valero Energy Corporation Valero Energy Foundation VIA Metropolitan Transit

Western Dental (Brident)

Whataburger Wyatt Family Foundation

Wyatt Law Firm







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